

IMPROVISATION EXERCISES: BUILDING A STORY.

GROUPS OF FIVE/ SIX

- 1) WORD BY WORD. To encourage spontaneity, avoid 'domination'.
- 2) WORD BY WORD AVOIDING ADJECTIVES. To make students aware that the story moves faster without delaying adjectives/adverbs.
- 3) PHRASE BY PHRASE Development and responsibility.
- 4) PHRASE BY PHRASE CONVEYING ACTION. Moving the action forward.
- 5) FORTUNATELY, UNFORTUNATELY] Building on a given situation.
- 6) YES, BUT..... adding on, exploring, passing on...also exploring backwards in time.

PAIRS

- 7) EXPLORING A STATEMENT: adding a statement to deepen and widen....no questions allowed eg Well he would do wouldn't he? No story telling!!!
Development: unrelated statements that eventually tie together.....
- 8) TELL ME ABOUT THE... or EXPLAIN ABOUT THE... add a noun, the partner listens while the improviser develops the idea.
- 9) NEVER MIND THAT.... as above, except that the partner breaks in to redirect the activity to something else mentioned in the improv.
- 10) NO YOU DIDN'T.. similar, but the improviser is then forced to offer alternatives.
- 11) NONSENSE LECTURE.

WORDS AND MOVEMENT

- a) STORIES WITH ACTION: tell part of story, add action, stand in front of someone, they then move to another, tell and add, other stories begin to be told, with actions, until half the group is telling at one time.
- b) WORD BY WORD EXPLORATION WITH ACTION. In pairs.

IMPROVISATION EXERCISES: LIMITED PHYSICALISATION

SOLO WORK.

- 12) ENCOUNTERING PROBLEMS Complicating a task to make it more interesting
- 13) CHANGING THE MIME
- 14) LATERAL MIME As many uses as possible of the object
- 15) MOVING FROM POINT TO POINT with obstacles, barriers
- 16) A JOURNEY ACROSS THE PALM OF THE HAND.
- 17) INTERRUPTIONS. Going to bed..... Drinking coffee at a restaurant... Opening the front door... but never quite managing it.
- 18) THE INFORMER Making a journey as an informer... varied obstacles, secret routes, unexpected hazards.
- 19) THROUGH THE DOOR Deal with the situation as they find it developing on the other side of the door... allowing to happen rather than planning the ideas.

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